

Agile Project Management With Kanban Developer Be Handbook

agile project management with kanban developer be has become a transformative approach for teams seeking flexibility, transparency, and efficiency in their workflows. As organizations increasingly adopt agile methodologies, Kanban stands out as a simple yet powerful framework that enables developers to visualize work, limit work in progress, and deliver value continuously. This article explores the fundamentals of agile project management with Kanban, its benefits, best practices for implementation, and how developers can leverage Kanban to optimize their productivity and project outcomes.

Understanding Agile Project Management and Kanban

What Is Agile Project Management?

Agile project management is an iterative approach to delivering value through incremental development. Unlike traditional waterfall methods, agile emphasizes collaboration, customer feedback, and adaptability. Teams work in short cycles called sprints or iterations, allowing for frequent reassessment and adjustment of priorities.

Key principles of agile project management include:

- Customer collaboration over contract negotiation
- Responding to change over following a fixed plan
- Individuals and interactions over processes and tools
- Working software over comprehensive documentation

This mindset fosters a flexible environment where teams can adapt quickly to changing requirements and deliver high-quality products efficiently.

Introducing Kanban: A Visual Workflow Method

Kanban, originating from manufacturing with Toyota, has been adapted for software development and other knowledge work. It is a visual process management method that helps teams visualize work, limit work in progress (WIP), and optimize flow.

Core elements of Kanban include:

- **Kanban Board:** A visual representation of the workflow, typically divided into columns such as "To Do," "In Progress," and "Done."
- **Cards:** Represent individual work items or tasks on the board.
- **WIP Limits:** Restrictions on the number of tasks in each stage to prevent bottlenecks.

Kanban promotes continuous delivery, transparency, and encourages team members to focus on the most important work at any given time.

Benefits of Using Kanban in Agile Project Management

Implementing Kanban within an agile framework offers numerous advantages:

1. Enhanced Visibility and Transparency

Visual boards make it easy for all team members and stakeholders to see the current status of work, upcoming tasks, and potential blockers. This transparency fosters better communication and collaboration.

2. Improved Workflow Efficiency

By limiting WIP, teams can identify bottlenecks and reduce multitasking, leading to faster cycle times and higher quality outputs.

3. Flexibility and Responsiveness

Kanban allows teams to reprioritize work on the fly, making it ideal for projects with evolving requirements or urgent tasks.

4. Continuous Delivery

Teams can deliver small, incremental updates more frequently, providing value to users sooner and enabling rapid feedback loops.

5. Reduced Waste and Overload

Limiting work in progress prevents overloading team members, reducing burnout and ensuring sustainable work practices.

Implementing Agile Project Management with Kanban for Developers

Successful adoption of Kanban involves careful planning and ongoing refinement. Here are key

steps and best practices for developers and teams.

1. Visualize Your Workflow

Start by mapping out your current process. Typical columns include:

- Backlog
- To Do
- In Progress
- Code Review
- Testing
- Done

Adjust the columns to match your team's specific workflow stages.

2. Create and Manage Kanban Cards

Each card should contain:

- A clear description of the task
- Assignee(s)
- Due date or priority
- Relevant attachments or links

This level of detail ensures clarity and accountability.

3. Set WIP Limits

Establish limits for each column to prevent overloading team members. For example, limit "In Progress" to 3 tasks at a time. WIP limits encourage teams to finish current work before starting new tasks, reducing context switching.

4. Manage and Prioritize Work

Regularly review the Kanban board to reprioritize tasks based on urgency, dependencies, or stakeholder feedback. Use daily stand-ups to discuss progress and address impediments.

5. Measure and Improve Flow

Track metrics such as:

- Cycle time: how long a task takes from start to finish
- Throughput: number of tasks completed over a period
- Work in Progress: current volume of ongoing tasks

Analyze these metrics to identify areas for improvement.

Best Practices for Developers Using Kanban

To maximize the benefits of Kanban, developers should adhere to certain best practices:

1. Keep the Board Up-to-Date

Ensure that the Kanban board reflects the current state of work. Outdated boards lead to confusion and misaligned expectations.

2. Limit WIP to Maintain Focus

Enforce WIP limits actively to prevent multitasking and promote finishing tasks before starting new ones.

3. Regularly Review and Reflect

Hold periodic retrospectives to assess workflow efficiency, identify bottlenecks, and implement process adjustments.

4. Foster a Culture of Continuous Improvement

Encourage team members to suggest enhancements and experiment with new practices to improve flow and productivity.

5. Integrate with Agile Ceremonies

Align Kanban practices with daily stand-ups, planning meetings, and reviews to ensure cohesive team operation.

Tools and Technologies for Kanban in Agile Development

Many digital tools facilitate Kanban implementation, offering features like real-time collaboration,

analytics, and integrations:

- Jira Software
- Trello
- Azure Boards
- Kanbanize
- Leankit

Choosing the right tool depends on team size, complexity, and existing workflows. Many tools also support custom WIP limits, automation, and reporting, enhancing the effectiveness of Kanban practices.

Challenges and How to Overcome Them

While Kanban offers many advantages, teams may face challenges during adoption:

1. Resistance to Change

Some team members may prefer traditional methods. Overcome this through training, demonstrating benefits, and involving team members in the transition process.

2. Overcomplicating the Board

Keep the Kanban board simple and focused. Avoid adding too many columns or details that clutter the visualization.

3. Neglecting WIP Limits

Enforce WIP limits strictly to prevent bottlenecks and ensure smooth flow.

4. Lack of Regular Review

Schedule routine retrospectives and reviews to continuously improve processes.

Conclusion: Embracing Agile with Kanban for Developer Success

Implementing agile project management with Kanban empowers developers to work more transparently, responsively, and efficiently. By visualizing workflow, limiting WIP, and fostering a culture of continuous improvement, teams can deliver high-quality software faster and with greater stakeholder satisfaction. Whether you are a small startup or a large enterprise, adopting Kanban

principles can significantly enhance your development process, helping you stay adaptable in a rapidly changing technological landscape. Embrace the power of Kanban and transform your team's agility today.

Agile project management with Kanban developer be has gained significant traction among software development teams seeking a flexible, visual, and efficient approach to managing work. As organizations increasingly favor iterative workflows that promote transparency, continuous improvement, and responsiveness to change, Kanban has emerged as a popular method within the broader Agile framework. This article explores the fundamentals of Agile project management with Kanban, its key features, benefits, challenges, and best practices to help teams make informed decisions and optimize their development processes.

Understanding Agile Project Management and Kanban

What is Agile Project Management?

Agile project management is a methodology that emphasizes iterative development, collaboration, customer feedback, and adaptability. Unlike traditional waterfall approaches, Agile encourages teams to deliver small, functional pieces of work frequently, allowing for incremental progress and continuous refinement. Agile is not a rigid set of rules but a mindset that values flexibility, team empowerment, and responsiveness to change.

Key principles of Agile include:

- Customer collaboration over contract negotiation
- Responding to change over following a fixed plan
- Working solutions over comprehensive documentation
- Individuals and interactions over processes and tools

Introduction to Kanban

Kanban, originating from the Toyota Production System, is a visual workflow management method that helps teams visualize work, limit work-in-progress (WIP), and optimize flow. It uses a Kanban board divided into columns representing different stages of work, with cards representing individual tasks. This visual approach makes it easy to track progress, identify bottlenecks, and improve processes over time.

Features of Kanban include:

- Visual task tracking
- WIP limits to prevent overload
- Continuous flow and delivery
- Focus on cycle time and throughput

Integrating Kanban into Agile Project Management

Why Use Kanban in Agile?

While Agile methodologies like Scrum often emphasize fixed-length iterations (sprints), Kanban provides a more flexible, continuous flow model. Combining the two can enhance visibility, reduce cycle times, and adapt quickly to changing priorities.

Benefits include:

- Increased transparency and team collaboration
- Enhanced focus on flow efficiency
- Reduced planning overhead
- Easier to implement incremental changes

Key Features of Agile with Kanban

- Visual Workflow Management: Clear visualization of work stages and status
- WIP Limits: Prevent team overload and promote focus
- Pull System: Tasks are pulled into the workflow based on capacity
- Continuous Delivery: Regular, ongoing deployment of completed work
- Metrics and Feedback: Use of cycle time, lead time, and throughput to improve processes

Implementing Kanban in Development Teams

Setting Up a Kanban Board

A typical Kanban board for developers might include columns such as:

- Backlog
- To Do
- In Progress
- Code Review

- Testing
- Done

Additional columns or swimlanes can be added for specific workflows or priorities. The key is to keep the board simple, visible, and regularly updated.

Establishing WIP Limits

WIP limits are crucial for controlling work-in-progress and ensuring the team maintains a steady flow. For example:

- Limit work in 'In Progress' to 3 tasks
- Restrict testing to 2 tasks at a time

This encourages team members to finish current tasks before starting new ones, reducing multitasking and context switching.

Prioritization and Backlog Management

While Kanban emphasizes continuous flow, prioritization remains essential. Teams should:

- Maintain a well-groomed backlog
- Reassess priorities regularly
- Pull tasks based on capacity and priority

Advantages of Agile with Kanban

- **Flexibility:** Easily adapt to changing requirements without disrupting the workflow.
- **Transparency:** Visual boards provide real-time insight into project status, bottlenecks, and team capacity.
- **Reduced Waste:** Limiting WIP minimizes multitasking and reduces idle time.
- **Continuous Improvement:** Metrics like cycle time enable teams to identify inefficiencies and improve processes over time.
- **Faster Delivery:** Continuous flow allows for quicker deployment of features and fixes.

Challenges and Limitations

While Kanban offers numerous benefits, there are challenges that teams should be aware of:

- **Lack of Prescriptive Structure:** Without clear roles or ceremonies (like in Scrum), teams may struggle with discipline and consistency.
- **Potential for Overwhelm:** Poor WIP limits or lack of discipline can lead to overloading the team.
- **Scaling Difficulties:** Large or distributed teams may find it harder to coordinate and visualize work effectively.
- **Misinterpretation of Metrics:** Overemphasis on metrics like cycle time without understanding context can lead to misinformed decisions.

Best Practices for Successful Agile Kanban Adoption

Start Small and Iterate

Begin with a simple board, establish basic WIP limits, and refine processes based on feedback. Avoid overcomplicating the workflow initially.

Engage the Entire Team

Involve developers, testers, and stakeholders in designing the Kanban system. Their buy-in is crucial for sustained success.

Regularly Review and Adapt

Hold periodic retrospectives to evaluate workflow, identify bottlenecks, and adjust WIP limits or columns as needed.

Leverage Metrics Effectively

Use cycle time, throughput, and cumulative flow diagrams to gain insights and continuously improve.

Integrate with Other Agile Practices

Combine Kanban with daily stand-ups, pair programming, and automated testing to enhance collaboration and quality.

Case Studies and Real-World Applications

Many tech companies have successfully adopted Kanban within their Agile frameworks:

- **Spotify:** Uses Kanban boards for feature development, allowing for flexible, continuous release

cycles.

- Microsoft: Implements Kanban for managing support and maintenance tasks.
- Pixar: Utilizes Kanban principles to visualize workflow and improve creative processes.

These examples demonstrate Kanban's versatility across various domains beyond software development.

Conclusion

Agile project management with Kanban developer be offers a compelling approach for teams seeking a balance between flexibility, visibility, and continuous delivery. Its visual nature, WIP limits, and focus on flow make it an effective method for managing complex, dynamic projects. By understanding its features, benefits, and challenges, teams can tailor Kanban to their unique needs and foster a culture of continuous improvement and responsiveness.

While successful implementation requires discipline and regular review, the rewards include enhanced transparency, faster deployments, and a more engaged, empowered team. As organizations continue to evolve in the fast-paced digital landscape, adopting Agile with Kanban can serve as a powerful catalyst for innovation, efficiency, and sustained success.

QuestionAnswer What is Agile project management with Kanban for developers? Agile project management with Kanban is an approach that uses visual workflows to help developers manage tasks efficiently, prioritize work, and improve continuous delivery without predefined sprints. How does Kanban improve productivity for developers in Agile teams? Kanban enhances productivity by visualizing work, limiting work in progress, and enabling developers to focus on completing tasks before taking on new ones, leading to shorter cycle times and better flow. What are the key principles of using Kanban in Agile development? The key principles include visualizing work, limiting work in progress, managing flow, making policies explicit, implementing feedback loops, and improving collaboratively. How do developers implement Kanban boards in their daily workflow? Developers use Kanban boards to track tasks across columns such as To Do, In Progress, and Done, updating task statuses in real-time to maintain transparency and facilitate smooth workflow management. What are common challenges faced when adopting Kanban in Agile development? Common challenges include resistance to change, improper WIP limits, lack of team buy-in, and difficulty in managing priorities, which can be mitigated through training and continuous improvement. Can Kanban be combined with other Agile frameworks like Scrum? Yes, Kanban can be integrated with Scrum or other Agile methodologies to create a hybrid approach, allowing teams to benefit from visual workflow management while maintaining sprint planning and reviews.

Related keywords: agile, project management, kanban, developer, scrum, workflow, task board, continuous delivery, collaboration, process improvement

Be With

be with is a phrase that resonates deeply across different aspects of life?whether in relationships, personal growth, or day-to-day interactions. It encapsulates the idea of presence, companionship, and emotional connection. Understanding the multifaceted meaning of "be with" can help individuals foster stronger relationships, improve their mental well-being, and cultivate a more mindful approach to life. In this comprehensive guide, we will explore the various dimensions of "be with," including its significance in relationships, its role in self-awareness, and practical ways to embody this concept in everyday life.

Understanding the Meaning of "Be With"

The phrase "be with" is versatile and context-dependent. At its core, it signifies being present, sharing experiences, and forming bonds with others or oneself. It can imply:

- Emotional connection: Being emotionally available and attentive.
- Physical presence: Spending time together in person.
- Mindfulness: Being fully present in the moment.
- Supportiveness: Offering companionship during difficult times.
- Acceptance: Embracing oneself or others without judgment.

Recognizing these facets helps to appreciate the depth and importance of "be with" in fostering meaningful relationships.

The Significance of "Be With" in Relationships

Relationships are the foundation of human experience, and "being with" someone is central to creating trust, intimacy, and mutual understanding. Whether romantic, familial, or friendship-based, the act of simply being with another person can have profound effects.

Emotional Presence and Connection

Being with someone emotionally involves more than just physical proximity. It requires active listening, empathy, and genuine interest. When you "be with" someone emotionally, you:

- Validate their feelings.
- Offer a safe space for expression.
- Demonstrate understanding and compassion.

This emotional presence strengthens bonds and fosters a sense of security.

Physical Presence and Quality Time

Spending quality time together is essential in nurturing relationships. Being with someone physically can involve:

- Sharing meals.
- Going for walks.
- Engaging in shared hobbies.
- Simply sitting in silence, appreciating each other's company.

These moments create memories and deepen connections.

The Role of "Be With" in Building Trust

Trust develops when individuals feel genuinely "with" each other. Consistency, attentiveness, and authenticity are key. When you show up for someone consistently and are present in their life, you cultivate a foundation of trust and reliability.

Practicing "Be With" in Your Daily Life

Integrating the concept of "be with" into daily routines can enhance your relationships and personal well-being. Here are practical ways to embody this idea:

Mindfulness and Presence

- Practice mindfulness meditation to increase your awareness of the present moment.
- During conversations, focus fully on the speaker without distractions.
- Limit multitasking when spending time with others.

Active Listening

- Listen attentively without planning your response.
- Nod or provide affirmations to show engagement.
- Reflect back what you've heard to ensure understanding.

Offering Support and Compassion

- Be available during others' challenging times.
- Show empathy through words and actions.
- Avoid judgment or unsolicited advice; sometimes, just being there is enough.

Self-Reflection and Self-Compassion

- Be with yourself by practicing self-awareness.
- Acknowledge your feelings without suppression.
- Engage in self-care routines that nourish your mind and body.

The Spiritual and Philosophical Aspects of "Be With"

Beyond relationships, "be with" also has spiritual and philosophical connotations. It emphasizes unity, presence, and acceptance of the flow of life.

Being Present in the Moment

Practicing presence aligns with mindfulness philosophies. It encourages individuals to:

- Let go of past regrets and future anxieties.
- Embrace the current experience fully.
- Cultivate gratitude for the present.

Acceptance and Non-Judgment

"Be with" entails accepting situations and people as they are, fostering a sense of peace and understanding.

Unity and Connection

Recognizing that we are interconnected encourages compassion and empathy, emphasizing that "being with" others is part of the human experience.

Common Challenges in Practicing "Be With"

While the concept is simple in theory, it can be challenging to embody consistently. Common obstacles include:

- Distractions and digital interruptions.
- Emotional barriers like fear, mistrust, or past hurt.
- Time constraints and busy schedules.
- Personal insecurities or self-doubt.

Overcoming these challenges requires intentional effort and practice.

Tips to Enhance Your Ability to "Be With" Others and Yourself

- Set boundaries to ensure quality interactions.
- Practice active mindfulness in daily activities.
- Engage in reflective journaling to understand your feelings.
- Prioritize quality over quantity in relationships.
- Learn to listen without judgment and offer genuine support.

Conclusion: Embracing the Power of "Be With"

"Be with" is more than just a phrase; it embodies a philosophy of presence, connection, and acceptance. Whether in nurturing intimate relationships, supporting friends and family, or fostering a healthier relationship with oneself, embodying "be with" can lead to more meaningful, fulfilling experiences. By cultivating mindfulness, compassion, and genuine engagement, you can enrich your life and the lives of those around you. Remember, at its heart, "be with" reminds us that true connection begins with being fully present—an act that has the power to transform relationships and inner peace alike.

Be With: An In-Depth Exploration of Connection, Presence, and Meaning

In an era defined by rapid technological change, social upheaval, and shifting cultural norms, the concept of "be with" has taken on profound significance. Far beyond its simple grammatical structure, "be with" encompasses themes of companionship, mindfulness, emotional intimacy, and existential presence. This long-form exploration aims to dissect the multifaceted nature of "be with", examining its psychological, philosophical, and cultural dimensions, and offering insights into how this phrase influences human experience.

Understanding the Phrase "Be With": Definitions and Variations

At its core, "be with" is a versatile phrase whose meaning shifts depending on context. It can denote:

- Presence and companionship: Being physically or emotionally alongside someone.

- Acceptance and mindfulness: Embracing the present moment or one's current state.
- Relationship commitment: The act of being in a romantic, familial, or platonic partnership.
- Alignment and harmony: Living in accordance with one's values or the natural flow of life.

These variations reveal that "be with" is less about a static state and more about a dynamic process of engagement, connection, and authentic existence.

The Psychological Dimension of "Be With"

Presence and Mindfulness

One of the most profound interpretations of "be with" is rooted in mindfulness practices. To be with oneself or others in the present moment fosters emotional resilience, reduces stress, and enhances well-being. Mindfulness-based therapies encourage individuals to be with their thoughts, feelings, and sensations without judgment, cultivating a sense of inner peace.

Key aspects include:

- Acceptance: Allowing emotions to be present without suppression or avoidance.
- Non-attachment: Recognizing transient thoughts and feelings without clinging.
- Compassion: Extending kindness inwardly and outwardly.

Research indicates that practicing "being with" one's emotions can improve mental health, bolster emotional intelligence, and deepen interpersonal relationships.

Attachment and Connection in Relationships

In romantic and platonic contexts, "be with" signifies emotional availability and genuine connection. Healthy relationships often hinge on the ability to be with another person authentically?listening, empathizing, and sharing vulnerabilities.

Studies in attachment theory reveal that individuals who are comfortable being with their partner's emotions tend to report higher relationship satisfaction. Conversely, avoidance of being with difficult feelings or conflicts can erode intimacy.

Common themes include:

- Empathy: Truly listening and understanding the other.
- Presence: Giving undivided attention.

- Mutual vulnerability: Sharing fears, hopes, and insecurities.

Philosophical and Cultural Perspectives on "Be With"

Existential Philosophy and the Art of "Being"

Existential philosophers like Jean-Paul Sartre and Martin Heidegger emphasize the importance of authentic existence?being with oneself and the world in a genuine manner. Heidegger's concept of Dasein ("being there") underscores the necessity of authentic presence and awareness.

In this context, "be with" involves:

- Living intentionally.
- Facing mortality and the transient nature of life.
- Cultivating a sense of connectedness with existence itself.

This philosophical outlook encourages individuals to be with their authentic selves, embracing both their limitations and potentials.

Cross-Cultural Interpretations

Different cultures have unique perspectives on "be with":

- Japanese: The concept of "wa" emphasizes harmony and being with others in a way that fosters social cohesion.
- African: The idea of Ubuntu ? "I am because we are" ? highlights communal existence and interconnectedness.
- Indigenous Cultures: Often stress living in harmony with nature and the community, embodying the essence of being with the environment and others.

These cultural paradigms show that "be with" is integral to collective identity and societal functioning.

The Role of "Be With" in Modern Society

Digital Age and the Challenge of Connection

In a world saturated with social media, the act of being with has transformed dramatically. Virtual interactions can create a paradoxical sense of loneliness amid connectivity. The superficiality of

online engagements can hinder genuine presence and authentic connection.

Challenges include:

- Superficial interactions: Likes and comments replacing meaningful conversations.
- Distraction: Constant notifications preventing mindfulness.
- Emotional disconnection: An inability to be with difficult feelings or conflicts.

However, the digital realm also offers opportunities for deeper being with others through virtual support groups, mindfulness apps, and online communities that encourage authentic sharing.

Therapeutic and Wellness Practices Centered on "Being With"

Contemporary therapeutic approaches increasingly emphasize "being with" as a foundational principle:

- Mindfulness-Based Stress Reduction (MBSR): Encourages participants to be with their sensations and thoughts.
- Compassion-Focused Therapy: Teaches clients to be with their emotional vulnerabilities.
- Somatic therapies: Focus on bodily awareness, fostering a sense of being with one's physical experience.

These practices aim to cultivate acceptance, resilience, and emotional depth.

Practical Applications and Exercises to Cultivate "Be With"

To integrate "be with" into daily life, consider the following exercises:

- Mindful Breathing

Focus on your breath for five minutes, observing sensations without judgment.

- Emotion Journaling

Write down feelings as they arise, allowing yourself to be with each emotion fully.

- Active Listening

When engaging with others, practice silent presence, resisting the urge to interrupt or judge.

- Nature Immersion

Spend time outdoors, consciously observing your surroundings to be with the natural world.

- Body Scan Meditation

Systematically bring awareness to different parts of your body, fostering physical and emotional presence.

Consistent practice of these exercises can deepen your capacity to be with yourself and others authentically.

Critiques and Limitations of "Be With"

While "be with" offers numerous benefits, it is not without challenges:

- Emotional Overwhelm: Fully being with difficult feelings can be distressing without adequate support.
- Cultural Variability: Not all cultures prioritize or interpret "be with" similarly, influencing its applicability.
- Misinterpretation: Overemphasis on being with can lead to avoidance of necessary action or change.

Balancing being with and proactive engagement is essential for healthy functioning.

Conclusion: Embracing the Power of "Be With"

The phrase "be with" encapsulates a profound approach to life—one rooted in presence, connection, acceptance, and authenticity. Whether viewed through psychological, philosophical, or cultural lenses, "be with" invites us to slow down, embrace the moment, and cultivate genuine relationships with ourselves, others, and the world.

In a society often driven by speed and superficiality, mastering the art of "being with" can serve as a pathway to deeper fulfillment, resilience, and meaningful existence. It challenges us to confront our

inner landscapes and external realities with honesty and compassion, ultimately fostering a richer, more connected human experience.

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In embracing "be with", we open ourselves to a richer, more authentic existence?one that celebrates presence over perfection, connection over distraction, and being over doing.

Question What does it mean to be with someone in a relationship? Being with someone in a relationship typically means sharing a committed, mutual connection, often involving emotional intimacy, support, and companionship. How can I be with someone who lives far away? To be with someone long-distance, focus on regular communication, trust, setting shared goals, and planning visits to maintain your bond despite the physical distance. What are some ways to be with yourself and practice self-love? Being with yourself involves self-reflection, engaging in activities you enjoy, practicing mindfulness, and prioritizing your well-being to foster self-love and acceptance. How does being with family influence our mental health? Being with family provides emotional support, a sense of belonging, and stability, which can positively impact mental health, though unhealthy dynamics may have adverse effects. What does it mean to be with someone in a supportive way? Being with someone supportively involves listening, understanding their feelings, offering help when needed, and being present during both good and challenging times. How can I be with my friends more meaningfully? To be with friends meaningfully, prioritize quality time, active listening, sharing experiences, and showing genuine care and interest in their lives. What are some signs that someone truly wants to be with you? Signs include consistent communication, making time for you, showing interest in your life, supporting you, and demonstrating trust and respect in the relationship.

Related keywords: companionship, presence, together, accompany, stay, unite, connect, associate, link, join

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